

Spinach Artichoke Dip

Servings 8



Dip Ingredients

- 8 oz. cream cheese, well softened
- ¼ cup sour cream
- ¼ cup mayonnaise
- 1 garlic clove, minced (1 tsp)
- ⅔ cup (76g) finely shredded parmesan cheese
- ½ cup (56) finely shredded mozzarella cheese
- Pepper, to taste
- 1 (14 oz) can quartered artichoke hearts, can liquid drained, squeeze artichokes to drain excess liquid, chopped
- 6 oz frozen spinach, thawed, squeezed to drain excess liquid

Steps

1. Preheat oven to 350 degrees. Spray a small baking dish with non-stick cooking spray
2. In a mixing bowl stir together cream cheese, sour cream, mayonnaise, garlic, parmesan, mozzarella and pepper
3. Stir in artichokes and spinach
4. Spread mixture evenly into prepared baking dish. Bake in preheated oven until heated through and melty, about 20 minutes.
5. Serve with warm bread or chips